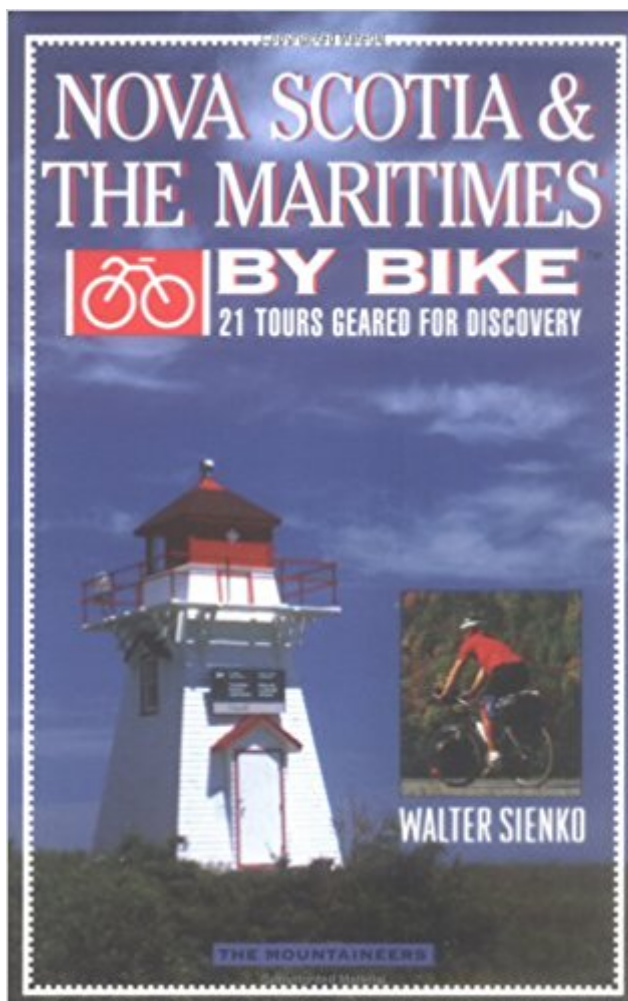


The book was found

Nova Scotia & The Maritimes By Bike: 21 Tours Geared For Discovery



Synopsis

Popular series gives all the essentials of bicycling throughout the world. Includes tips on trip planning, safety, health, food, accommodations, sites of interest, buying and outfitting a bike, and more.

Book Information

Series: By Bike

Paperback: 207 pages

Publisher: Mountaineers Books (November 1995)

Language: English

ISBN-10: 0898864429

ISBN-13: 978-0898864427

Product Dimensions: 8.3 x 5.3 x 0.5 inches

Shipping Weight: 12.6 ounces

Average Customer Review: 4.0 out of 5 stars 4 customer reviews

Best Sellers Rank: #2,149,488 in Books (See Top 100 in Books) #45 in [Books > Travel > Canada > Provinces > Newfoundland](#) #56 in [Books > Travel > Canada > Provinces > Nova Scotia](#) #804 in [Books > Sports & Outdoors > Individual Sports > Cycling > Excursion Guides](#)

Customer Reviews

Having traveled throughout Europe, North Africa, South America, and the Middle East, veteran cyclist Sienko tackles the eastern coast of his home country, Canada. He offers readers a variety of cycling options in 21 tours that explore the diverse terrain of the coast. He begins with a general introduction to each area, an informative preamble to individual tours, and extensive route breakdowns. Sienko's conversational style is a refreshing change, allowing readers to feel as though they are accompanying the author on his travels. Vivid descriptions sprinkled with historical facts, local trivia, and the occasional clever analogy enhance the lively text. From the golden beaches and extensive farmland in Prince Edward Island to the rugged beauty and abundant wildlife in Newfoundland, one can envision a rewarding journey. This guide will familiarize or entice cycling enthusiasts and provide an indispensable source of reference and practical information. Jo-Anne Mary Benson, Osgoode, Ontario Copyright 1995 Reed Business Information, Inc.

Not many books available on this topic and this gives a lot of riding options. A bit dated but I doubt

the roads have changed.

Has continuous routes and some circular so that you can keep going or stay in one place 2 nights at times.

My brother and I bought this book and used it to plan our biking trip in the Maritimes in 2001, but we weren't too happy with the route selection. Too many of the suggested routes were on main roads that were too busy with traffic. Bike touring is best when you get off the main roads, but this book doesn't help you find them. If you go to PEI, I do recommend that you bike on the clay roads that the book recommends. Don't follow the coastal roads--too much traffic. I like the Maritimes, in spite of this book!

Invaluable information, even if you're not going to use the exact roads mentioned. Use this one as the best planning source available and well worth the small investment.

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